

DIRECTORY OF Commonwealth Home Support Program Services

in **Western Sydney**

January 2018

Cumberland Prospect MULTICULTURAL ACCESS PROJECT,
Western Sydney Local Health District, Multicultural Health Ph: 8838 2173

Disclaimer: This information is compiled only from updates provided by individual services.
Please continue to provide updated information to the Multicultural Access Project

Translating and Interpreter Service (TIS)

If you do not speak English well you can phone the Translating and Interpreter Service for assistance.

- Call **13 14 50**
- Tell the operator, in English, the language you speak.
The operator will connect you to an interpreter who speaks your language (you may have to wait a while). When connected to the interpreter you can speak in your language.
- Tell the interpreter the name and telephone number of the service you wish to contact and TIS will contact the service while you wait on the phone.
- When you have been connected to the service, the interpreter will interpret for you and explain your enquiry.

HOME SUPPORT: Domestic Assistance & Personal Care Services

(Domestic Assistance services provide essential cleaning of house areas including vacuuming, mopping floors, cleaning bathrooms, laundry as well as washing, ironing and undertaking small errands. Personal Care services can assist with showering, bathing, dressing, grooming, toileting, mobility, feeding, monitoring of self-medication and prescribed exercise / therapy programs.)

Anglicare / Chesalon Services / 155A March Street, Richmond NSW 2753

[Personal Care](#)

Ph: **4560 3713**

Area covered: Blacktown LGA

Anglican Retirement Village

[Home Support Services](#)

Ph: **9421 5458**

Areas covered: The Hills, Blacktown and Parramatta LGAs

Australian Nursing Home Foundation Ltd/ 60 Weldon Street Burwood NSW 2134

[Chinese specific domestic assistance](#)

[Chinese specific social support](#)

For more information contact HEAD OFFICE:

Ph: **8741 0218**

Areas covered: Auburn, The Hills, Blacktown, Holroyd and Parramatta LGAs

BaptistCare – Western Sydney/Nepean / 8 Free Settlers Drive, Kellyville NSW 2155

Ph: **1800 275 227**

Email: [Customerengagement @baptistcare.org.au](mailto:Customerengagement@baptistcare.org.au)

[Personal Care Service](#)

[Domestic Assistance](#)

[Respite Care - In-Home Social Support](#)

Areas covered: Auburn, Holroyd, Parramatta, Blacktown & the Hills LGAs

BaptistCare - Wisemans Ferry / 8 Free Settlers Drive, Kellyville NSW 2155
Ph: 1800 275 227 Email: [Customerengagement @baptistcare.org.au](mailto:Customerengagement@baptistcare.org.au)

[Domestic Assistance](#)
[Personal Care](#)

Areas covered: Specifically for residents of Wisemans Ferry and surrounding areas.

The Hills Shire Council – Hills Community Care / 3 Columbia Court, The Hills 2153

[Domestic Assistance](#) Ph: 9761 7698
[Personal care](#) Ph: 9761 5707
[Social Support](#) Ph: 9761 5707

Areas covered: The Hills, Auburn, Parramatta, Blacktown and Holroyd LGAs

Kincare Community Services / 4th floor, Building A, Sky City, 20 Lexington Drive, Bella Vista, The Hills, NSW 2153

[Domestic Assistance](#) Ph: 1300 733 510 Fax: 1300 733 520

Areas covered: Auburn, Blacktown, Holroyd and Parramatta LGAs

[Personal Care](#)

Areas covered: Auburn, Blacktown, Holroyd, and Parramatta LGAs

[Social support](#)

Areas covered: Auburn, Blacktown, Holroyd, and Parramatta LGAs

RDNS Homecare Ltd/ 20A Lexington Drive, Bella Vista
7653

Ph: 1300 665 444 Fax: 8824

[Domestic Assistance](#)

[Personal Care Service](#)

Areas covered: All of Sydney and surrounding suburbs

Southern Cross Care Services / Level 1, 50 O'Connell Street Parramatta 2150

[Personal Care Service](#) Ph: 1800 989 000

Areas covered: Auburn, Holroyd, Parramatta, The Hills, Blacktown LGAs

[Domestic Assistance](#)

Areas covered: Auburn, Holroyd, Parramatta LGAs

Southern Cross Care NSW & ACT/ 45 Barcom Street, Merrylands 2160

Ph: 9790 9400/ 0400 289 500

[Personal Care Service](#)
[Domestic Assistance](#)
[Social Support](#)

SydWest Multicultural Services Inc Ground Level, Suite 2, 125 Main Street Blacktown NSW 2148
Ph: 9621 6633 Fax: 9831 5625 Em: enquiries@sydwestms.org.au

[Commonwealth Home Support Program Personal Care](#)

SydWest provides quality Aged Care Services to assist people from culturally and linguistically diverse backgrounds to live independently in their homes and in the community for as long as possible.

We have workers who speak Anyuak, Arabic, Bosnian, Cantonese, Croatian, Dutch, English, Farsi, Filipino, French, Hindi, Italian, Korean, Krio, Kurdish, Macedonian, Madie, Malay, Maltese, Mandarin, Persian, Polish, Punjabi, Russian, Serbian, Spanish, Tagalog, Tamil, Turkish and Ukrainian.
Areas covered: Blacktown, Cumberland, Parramatta and The Hills LGAs.

[Commonwealth Home Support Program Domestic Assistance](#)

SydWest provides quality Aged Care Services to assist people from culturally and linguistically diverse backgrounds to live independently in their homes and in the community for as long as possible.

We have workers who speak Anyuak, Arabic, Bosnian, Cantonese, Croatian, Dutch, English, Farsi, Filipino, French, Hindi, Italian, Korean, Krio, Kurdish, Macedonian, Madie, Malay, Maltese, Mandarin, Persian, Polish, Punjabi, Russian, Serbian, Spanish, Tagalog, Tamil, Turkish and Ukrainian.
Areas covered: Blacktown, Cumberland, Parramatta and The Hills LGAs

Wesley Mission – Home and Carer Support Services – Domestic Assistance and Shopping Service
Cumberland/Prospect / PO Box 84 Blacktown NSW 2148 43 Fourth Avenue, Blacktown 2148

[Wesley Domestic Assistance and Shopping Service](#) Ph: 8887 4966 Fax: 8887 4996

Areas covered: Auburn, The Hills, Blacktown, Holroyd, Parramatta LGAs

UnitingCare Ageing Sydney West Community Care – Suite 301, Level 3, 83 Flushcombe Road,
Blacktown NSW 2148

[Domestic Assistance](#) Ph: 1800 486 484

Areas Covered: Blacktown, Auburn, The Hills, Holroyd and Parramatta LGAs

HOME SUPPORT: Home Modification, Home Maintenance, Home Laundry & Linen, Lawn Mowing and Easy Gardening Services

Home Modification and Maintenance services can make small repairs and modify the home to assist with care. The service provides modifications with bathrooms and kitchens as well as installation of ramps, grab rails as well as other general repairs such as plumbing and electrical work. Easy Care Gardening service provides gardening assistance to enable homeowners to retain their gardens in a safe condition. Home Laundry and Linen service supplies sheets for people who are incontinent. This service does not do personal laundry.

BaptistCare / 18 Powdrill Road, Prestons NSW 2170

[Home Maintenance and Modification Service](#)

Areas covered: Auburn, Blacktown, Holroyd, Parramatta and the Hills LGAs
Ph: 1800 275 227 Email: Customerengagement@baptistcare.org.au

The Hills Shire Council – Hills Community Care / 3 Columbia Court The Hills NSW 2153

Ph: 9761 7612

Easy Care Gardening Service

Areas covered: The Hills

JobQuest Home Maintenance, Lawn Mowing and Gardening Services / 79 Mandoon Road, Girraween NSW 2145 Ph: 8677 8885 Fax: 4721 7610

Home Maintenance services can do minor handyman repairs such as hand rails, repairs to pathways, changing light bulbs, replacing tap washers, unblocking drains, rubbish removal, small carpentry and painting jobs, replacing screen doors. Lawn Mowing and gardening assistance.

Areas covered: Auburn, Blacktown, Holroyd, Hills and Parramatta LGAs

The Hills Shire Council – Hills Community Care / 3 Columbia Court The Hills NSW 2153

Ph: 9761 7696

Home Modification and Maintenance Service Occupational Therapist

OT service can assist people to find safe ways of doing things, which have become difficult due to advanced age, a disability, physical injury or illness. They can also recommend home modification to improve independence and safety.

Areas covered: The Hills, Parramatta, Auburn, Holroyd and Blacktown LGAs

The Hills Shire Council / 3 Columbia Court The Hills NSW 2153

Ph: 9761 7601

Lawn Mowing and Gardening service

Areas covered: The Hills, Parramatta, Auburn, Holroyd and Blacktown LGAs

Our Lady of Consolation Home / 32 Evans Rd, Rooty Hill NSW 2766

Home Laundry and Linen Service

Ph: 9832 4599

Areas covered: Auburn, Holroyd, Parramatta, Blacktown and The Hills LGAs

Lawn Mowing Service

Ph: 9832 4599

Areas covered: Auburn, Blacktown, Holroyd, Parramatta LGAs

Home Maintenance and Modification Service

Ph: 9832 4599

Areas covered: Blacktown LGA

City of Parramatta Council / 126 Church Street, Parramatta NSW 2150

Lawn Mowing and Basic Gardening Service

Ph: 9806 5121

Areas covered: Parramatta LGAs

Wesley Mission / 2/21-25 Silverwater Road, Silverwater NSW 2128

[Wesley Home Modification & Maintenance Service](#)

Ph: 9737 8283

Areas covered: Auburn, Holroyd, Parramatta LGAs

[Wesley Home Modification Service](#)

Areas covered: Blacktown and The Hills LGAs

HEALTH CARE and MEDICAL EQUIPMENT for HIRE

Western Sydney Local Health District

Complex, Aged and Chronic Care Community Nursing

Provides an assessment of a person's needs. Nursing services can be offered for clients with chronic disease and complex needs who may require wound management, continence care and palliative care.

Podiatry

Assessment, treatment and education of foot conditions for frail aged and residents with disabilities.

Physiotherapy

Assessment, treatment and education is available for frail aged and disabled residents

Occupational Therapy

Provides home-based assessment of adults who are experiencing difficulties performing personal care and other functional activities, with independence and safety. Also prescribes appropriate aids and equipment and assists with planning home modification.

Dietitian

Provides home-based nutrition assessment and counseling (e.g. unintentional weight loss, underweight, poor appetite, overweight, diabetes, gastrointestinal disorders etc); provides health education activities for clients and staff.

Speech Pathology

Diagnostic assessment and treatment of speech, language, voice, communication, feeding and/or swallowing disorders.

Social Work

Assessment, case co-ordination/management and counseling to promote social and emotional well-being for clients and their carers.

Areas covered: Auburn, Hills, Blacktown, Holroyd and Parramatta LGAs

Referrals via:

CENTRAL REFERRAL SERVICE, Western Sydney LHD Ph: 1800 600 681 Fax: 9881 7789

To enquire ring:	Auburn Community Health Centre	8759 4000
	Blacktown Community Health Centre	9881 8700
	Doonside Community Health Centre	9881 8650
	Mt Druitt Community Health Centre	9881 1200

Aboriginal Medical Services Western Sydney Corporative Ltd.	9832 1356
Hills Community Health Centre	8853 4500
Merrylands Community Health Centre	9682 3133
Parramatta Community Health Centre	9843 3222

BaptistCare- Western Sydney, 8 Freesettlers Drive, Kellyville NSW 2155

Ph: 1800 275 227

Email: [Customerengagement @baptistcare.org.au](mailto:Customerengagement@baptistcare.org.au)

Allied Health- Physiotherapy & Occupational Therapy

Areas covered: Auburn, Holroyd, Parramatta, Blacktown & the Hills LGAs

Commonwealth Respite and Carelink Centre Ph: 1800 052 222 or 9838 0299

Cumberland Prospect/ BaptistCare, Unit 3, 9-11 Rowley Street, Seven Hills NSW 2147

Palliative Care Services

Palliative care services are able to provide support to carers who are looking after someone in the end stage of a terminal illness to enable the care recipient to stay at home until the end.

Areas covered: Auburn, Blacktown, Holroyd Parramatta and the Hills LGAs

Equipment and Home Modifications

These services can assist by providing equipment on a short time basis until permanent equipment has been purchased. We can also assist with minor home modifications allowing carers to better manage their caring role.

Areas covered: Auburn, Blacktown, The Hills, Holroyd and Parramatta Local Government Areas.

Areas covered: Auburn, Blacktown, The Hills, Holroyd and Parramatta Local Government Areas.

KinCare Community Services

HACC Nursing Service

Ph: 1300 733 510 Fax: 1300 733 520

Provides community-nursing services delivered by a registered or enrolled nurse. Nursing can be provided at home or in a community venue or clinic for clients requiring initial assessment for continence management, continence clients requiring routine catheter changes, frail aged clients who have simple wound and are unable to access a WSLHD Wound Clinic, clients requiring monitoring after discharge from hospital.

Areas covered: Auburn, The Hills, Blacktown, Holroyd and Parramatta LGAs

Hills Community Medical Equipment Pool

Ph: 9686 1878

Building 18, Balcombe Heights Community Complex, 92 Seven Hills Rd, The Hills NSW 2153

(Provides disability and mobility aids and equipment on short term loan (6-10 weeks). Hours: Mon-Sat 9:30am – 10:30 am, Mon, Wed, Fri 5pm – 6pm)

Areas covered: Cumberland / Prospect (Auburn, Blacktown, The Hills, Holroyd, Parramatta LGAs)

Health Share / EnableNSW / Locked Mail Bag 5270 Parramatta NSW 2124

Ph: 1800 362 253

Fax: 8797 6543

Manages the state-wide administration of the NSW Health disability support programs including: Aids and Equipment Program (AEP), Home Respiratory Program (HRP) and Prosthetic Limb Service (PLS). Contacting EnableNSW

Areas covered: Cumberland/Prospect and Nepean (Auburn, Blacktown, The Hills, Holroyd, Parramatta, Penrith, Hawkesbury and Blue Mountains LGAs).

RDNS Homecare Ltd/ 20A Lexington Drive, Bella Vista Ph: 1300 665 444 Fax: 8824 7653

[Nursing Service](#)

Areas covered: All of Sydney and surrounding suburbs

DEMENTIA SUPPORT & RESPITE CARE SERVICES

Anglicare Mt Druitt Community Care 91 Kurrajong Ave, Mt Druitt NSW 2770 / PO Box 217 Rooty Hill NSW 27

[Dementia specific Counselling, Support, Information & Advocacy Service](#)

Ph: 8805 0959

This service provides assistance in understanding and managing situations, behaviours and relationships associated with the person's need for care and/or the caring role. It also offers information, advice and advocacy services for carers of people with dementia.

Areas covered: Blacktown, The Hills, Auburn, Holroyd and Parramatta LGAs

[Disability Respite Care / Blacktown Respite Options](#)

Ph: 8805 0910

Offers a flexible package of respite care provided for children with a moderate to severe disability with medium of high needs: living with a carer. The service offers planned in-home respite, recreational respite and community accesses. Referrals can be made through RIAP on 9841 9354

Areas covered: Blacktown LGA

[Disability Respite Care / Westlink Disabilities Programs](#)

Ph: 8805 0900

A range of respite services for a carer who has a child with a disability. Services provided:

[Host Family Respite Care](#)

[Vacation care](#)

[Westlink Head Injury Recreational and Leisure Services](#)

[Peer Support](#)

Areas covered: Cumberland Prospect & Nepean

[Dementia Advisory Service \(DAS\)](#)

Ph: 9845 6903

Western Sydney Local health District, C/-Geriatric Medicine, Westmead Hospital

[DAS](#) provides information and advice on dementia and support for carers including info on relevant community services, and how to access them.

Dementia Café / Connection Coffee Club for people in early stages of dementia and their families and friends

Meetings are free and include morning tea, health and community information, and an opportunity to meet with other people with dementia and their families. Monthly meetings are held at Parramatta Park Cafe and The Coffee Club in Blacktown. Bi-monthly meetings are held on Saturdays at Parramatta Park Cafe for people with Younger Onset Dementia and Working Carers. Other activities include a Gardening group that meets monthly at Riverstone, 'Coming Together' a social get together at Blacktown, a men's group and Carer Education sessions. For further information contact the Dementia Advisor.

Areas covered: Auburn, The Hills, Blacktown, Holroyd, and Parramatta LGAs

Other relevant dementia related numbers

Dementia Helpline

Ph: 1800 100 500

Dementia Behavioural Management Advisory Service 24hr helpline

Ph: 1800 699 799

Anglican Retirement Villages/ Level 2, Century Corporate Centre, 62 Norwest Boulevard, The Hills, NSW, 2153

Nell Slade Respite Centre (Respite to working carers/ extended hours) Ph: 9659 2348

Location: 593 Old Northern Road, Glenhaven NSW 2156 Mob: 0418 699 713

This service provides respite to employed carers of frail older people, including people with dementia, helping them balance work and caring responsibilities. Operates 7am- 8pm. Offers flexibility in attending times, appropriate activities, meals safe, secure and home like environment.

Areas covered: The Hills, Hornsby or Ku-ring-gai LGAs)

Anglicare Chesalon Services / 155A March Street Richmond NSW 2753

Dementia Monitoring Service /Social Support / HACC)

Ph: 4560 3707

This service provides assistance for people with dementia or persistent memory loss who live alone. It provides assistance with medication/personal care prompting, meal preparation and other small household tasks, shopping and banking, social activities and outings/companionship, accompaniment to appointments. Up to 5 hours of service can be provided each week.

Personal Care (Blacktown only)

Areas covered: Cumberland/Prospect (Auburn, Blacktown, The Hills, Holroyd, Parramatta, LGAs)

Australian Home Care

Ph: 0419901429

Email: intake@ahcs.org.au

Respite service for carers

Specialises in delivering support to neurological complex care clients. Provides respite services for carers and manage a shared supported accommodation facility for people with disabilities in NSW. Services are available from one hour per month to 24 hours a day, seven days a week, including a 24 hour telephone support line for emergency care.

Personal care and domestic assistance

Areas covered: Western Sydney

BaptistCare – Western Sydney/Nepean / 8 Free Settlers Drive, Kellyville NSW 2155

Ph: 1800 275 227

Email: customerengagement@baptistcare.org.au

Respite Care - In-Home

Social Support Group – Centre Based and overnight Cottage

Social Support Individual - In home, community access and Group: outings, lunches and craft

Carers Corner – Carer meeting monthly

Areas covered: Auburn, Blacktown, Holroyd, Parramatta & the Hills LGAs

BaptistCare Wisemans Ferry /8 Free Settlers Drive, Kellyville NSW 2155

Ph: 1800 275 227 Email: customerengagement@baptistcare.org.au

Respite care - providing carers with a break from their caring role.

Areas covered: Specifically for residents of Wisemans Ferry and surrounding areas

City of Parramatta Council / 126 Church Street, Parramatta NSW 2150

Ph: 9806 5121

[Social Support & Flexible Respite](#)

Providing customised one on one support, connecting with volunteers with similar interests. Flexible Respite is offered Monday to Friday 8am to 6pm and our Social Lunch Program offers company to share a meal and conversation in your own home daily, Monday to Friday.

Areas covered: Parramatta LGA

[Commonwealth Respite and Carelink Centre](#) Ph: 1800 052 222 or 9838 0299

Cumberland Prospect/ BaptistCare, Unit 3, 9-11 Rowley Street, Seven Hills NSW 2147

This centre helps to carers by providing information about care planning, assessing customer's needs, providing planned, short-term and emergency respite for carers as well as providing a crucial link to access other services. It can also provide short time emergency respite and transport to an aged day care if needed.

[In-home Flexible Respite](#) / planned short term or emergency respite

[Residential Respite](#) / booking and arranging respite in residential facilities for those with ACAT approval

[Young Carers Program](#) / variety of service options that assist in getting through the daily pressures of being a young carer

[Working Carers](#) / respite options before and after a day care program to allow the carer flexibility to work or meet study commitments

[Mental Health Respite](#) / information, assessment, short-term & emergency respite

[Dementia Services](#) / flexible range of respite options, education and support

[Palliative Services](#) / supporting carers to enable the care recipient to stay at home until the end
[Ageing Carers of People with Disabilities Program](#) / information and linkage to ongoing services

[Respite for Carers of Young People with Disability](#)

Areas covered: Auburn, Blacktown, Holroyd, Parramatta and the Hills LGAs

Care Connect / Suite 211, Level 2, T1 Building, 14 Lexington Drive, Bella Vista.

[Dementia Monitoring Social Support – general / priority CALD](#) Ph: 9830 8900

This program provides socialisation for people from Culturally and Linguistically diverse backgrounds who have been diagnosed with dementia. Activities may include: monitoring medication, assistance with personal care in preparation for a social event, transport to appointments and social activities and assistance if needed with shopping and banking, meal and other minor domestic tasks, one on one visiting, pet walking.

Areas covered: Auburn, The Hills, Blacktown, Holroyd and Parramatta LGAs

[Dementia Respite Program](#)

Ph: 9830 8900

This program provides a flexible respite service, including overnight respite, for carers of people with dementia with challenging behaviour. It offers coordination of respite.

Areas covered: Auburn, The Hills, Blacktown, Holroyd and Parramatta LGAs

[Dementia Options Program / Dementia Monitoring Service](#)

Ph: 9830 8900

The program provides a case management service including care planning, monitoring and co-ordination of brokerage services for people with dementia who live alone.

Areas covered: Auburn, The Hills, Blacktown, Holroyd and Parramatta LGAs

[Western Sydney Respite Program](#)

Ph: 9830 8900

This respite program provides planned respite for carers of frail older people, as well as adults with a disability. Respite is home based.

Areas covered: Auburn, The Hills, Blacktown, Holroyd, Parramatta LGAs

CatholicCare / Level 2, 45-47 Scott St. Liverpool NSW 2170

[Dementia Home Support](#)

Ph: 8778 4222

Provides in home respite, education, information and support for people with dementia and their carers with the aim of assisting them to remain in the community. Bilingual workers are available in most community languages.

Areas covered: Auburn, Holroyd LGAs

The Hills Shire Council - Hills Community Care / Balcombe Heights Estate, Building 15, 92 Seven Hills Road, The Hills

Ph: 9761 5707

[In Home Monitoring / Respite](#)

In home monitoring including shopping, assisting to appointments, trips to the movies, lunches, visiting friends or outings. Occasional, overnight and emergency respite is available to help when there is an urgent need or short term need for respite.

[Dementia Specific Day Care “Orange Blossom Cottage”](#)

Centre Based Groups (Monday to Friday), Younger Onset Dementia Group on Saturday

[Carer Support Group for carers of people with dementia](#)

Areas covered: The Hills, Auburn, Blacktown, Auburn and Holroyd LGA's

[Mental Health Respite Service](#)

Ph: 9761 5724

Flexible respite options to carers who live with and / or care for children (including adult children) with a severe mental illness/psychiatric disability and/or intellectual disability.

Areas covered: The Hills, Blacktown, Auburn, Holroyd and Parramatta LGAs

Interaction Disability Services / B2/11 Hudson Avenue, Castle Hill NSW 2154

Ph: 1300 668 123

[Ageing Parent Carers Respite Program](#)

Children and Adults Flexible Respite Program

INTERACTION Flexible Respite Service provides non-paid primary carers living with and looking after someone who has a diagnosed disability with planned and regular breaks from their caring role. The service provides one-on-one support to the person with a disability in a range of settings, including in-home and community-access/out-of-home respite support.

Areas covered: Auburn, The Hills, Blacktown, Holroyd, Parramatta LGAs

Kincare Community Services / 4th floor, Building A, Sky City, 20 Lexington Drive, Bella Vista, The Hills, NSW 2153

Ph: 1300 733 510

In-home Respite Service

Areas covered: Auburn, The Hills, Blacktown, Holroyd, Parramatta LGAs

In-home Dementia Respite Service

Areas covered: Auburn, The Hills, Blacktown, Holroyd, Parramatta, Hornsby, Ryde, Hunters Hill, Kuring-gai, Lithgow, Bathurst, Orange, Forbes & Parkes LGAs

Disability Flexible Respite

Areas covered: Auburn, The Hills, Blacktown, Holroyd, Parramatta LGAs

These services provide substitute care and support such as attending to housework, cleaning, shopping, personal care, medication monitoring, transport and other support normally provided by carer, the trained carer can live-in client's home whilst the regular carer takes a meaningful break, this service can be an alternative to residential respite. (Short term care only).

Diverse Community Care / Suite 211, Level 2, T1 Building, 14 Lexington Drive, Bella Vista.

Ph: 9898 0000

Dementia Social Support and Monitoring Program

Provides weekly or fortnightly social support, monitoring and assistance with daily living tasks including escorts to medical appointment, shopping and meal preparation for persons living in the community who suffer from dementia. Also provides in-home respite for carers as well as carer support. The client can receive an average of 4 hours per week of service, based on need and resources.

National Respite for Carers Program (NRCP) /Dementia Specific

Provides weekly or fortnightly in-home respite for carers caring for person with dementia. Priority of access is given to people from a Culturally and Linguistically Diverse background (CALD) in particular for Arabic, Vietnamese, Chinese. Our care workers will assist the carer to have meaningful breaks while providing social support to the person they are caring for. The carer/client can receive an average of 4 hours per week of service, based on need and resources.

Areas covered: Holroyd, Hunters Hill, Parramatta, Ryde and Bankstown LGAs

CALD Social Support Program

Provides weekly or fortnightly social support in-home which may also include escort to medical appointments, shopping and meal preparation for persons living in the community who are socially isolated and is from a Culturally and Linguistically Diverse Background (CALD), aged between 18-65.

Areas covered: The Hills LGA only

Northcott Disability Services / 1 Fennell Street, North Parramatta NSW 2151

Flexible Respite for Older Parent Carers Cumberland / Prospect

Ph: 9890 0512

Addresses the specialised needs of individual carers and their child with high support needs due to a profound or severe disability. Services may include: centre-based respite, in-home respite, community access, emergency support. People 0 – 65. Eligible adolescent - criteria based on: intellectual, physical, acquired brain injury, dual diagnosis, sensory impairment and developmentally delayed.

Areas covered: Auburn, The Hills, Blacktown, Holroyd and Parramatta LGAs)

Our Lady of Consolation Home, 32 Evans Rd, Rooty Hill NSW 2766

[Respite & Wellness program for older people and their carers](#) Ph: **9832 5470**

(The centre provides centre based respite program for clients and programs for carers that include variety of leisure, lifestyle and education, information and health promotion activities.

Areas covered: Auburn, Blacktown, The Hills, Holroyd, Parramatta LGAs

Polish Australian Welfare Association /182 Liverpool Rd, Ashfield NSW 2131 PO Box 1033 Ashfield

[Polish Respite and Carer Support Services](#) Ph: **9716 0036**

Ethno specific service targeting [Polish](#) speaking people and [Eastern Europeans](#) provide In-home Respite Services for frail aged people, people with disability and their carers.

[Complex care needs to stay living at home by co-ordinating different services needed](#) (may include: personal care, light housework, laundry, shopping, meals preparation assistance, medication support, transport to shops or medical appointments, meeting client's social needs)

Areas covered: Auburn, The Hills, Blacktown, Holroyd and Parramatta LGAs

Southern Cross Care Services / Level 1, 50 O'Connell Street Parramatta 2150

[In-home respite / HACC](#) Ph: **1800 989 000**

In-home respite service for frail aged people, people with dementia, people with disability and their carers.

[In-home respite / HACC & National Respite for Carers Program](#) Ph: **1800 989 000**

In-home respite service for people with dementia and their carers.

Areas covered: Auburn, The Hills, Blacktown, Holroyd and Parramatta LGAs

SydWest Multicultural Services Inc/Ground Level, Suite 2, 125 Main Street Blacktown NSW 2148

[Commonwealth Home Support Flexible Respite CALD specific](#)

Ph: **9621 6633** Fax: **9831 5625** Email: enquiries@sydwestms.org.au

Workers who speak Anyuak, Arabic, Bosnian, Cantonese, Croatian, Dutch, English, Farsi, Filipino, French, Hindi, Italian, Korean, Krio, Kurdish, Macedonian, Madie, Malay, Maltese, Mandarin, Persian, Polish, Punjabi, Russian, Serbian, Spanish, Tagalog, Tamil, Turkish, Ukrainian.

Areas covered: Blacktown, Cumberland, Parramatta and The Hills LGAs.

DAY CARE PROGRAMS / CENTRE BASED RESPITE SERVICES

Auburn Community Health Service / Cnr Hargrave Rd and Walter St, Auburn NSW 2144

[Auburn Aged Day Care /Centre Based Respite Service](#) Enquiries Ph: **8759 3899**

Multicultural day care centre for frail aged and disabled, providing both ethnic day care and

English-speaking day care. Groups available: [Arabic](#), [Chinese](#), [Italian](#), [Russian](#), [Turkish](#), [Ukrainian](#)

& Vietnamese speakers.. This service provides: transport to and from the centre, hot lunch, social activities, health assessment and monitoring, health promotion, carer information and education and outings. Hours of service: Monday to Friday 8am-4:30pm)

To make a referral ring Central Referral Service Ph: 1800 600 681 Fax: 9881 7789

Areas covered: Auburn LGA

Auburn Hospital & Community Health Service WSLHD / 19 Hevington Road, Auburn NSW 2144

Hevington House Dementia Specific Day Care

This is a secure aged day care centre which provides respite care facilities for people with dementia. All cultures are catered for. Transport, social activities, lunch, health assessment and monitoring are provided.

To make a referral ring Central Referral Service Ph: 1800 600 681 Fax: 9881 7789

Areas covered: Auburn LGA

Aged Day Service / Blacktown and Mt Druitt, Western Sydney Local Health District

Crestwood Centre

Enquiries Ph: 9881 8954

Embark Building, grounds of Blacktown Hospital, Marcel Crescent, Blacktown NSW 2148.

Multicultural day care centre for frail aged and people with a disability, providing both ethnic and English-speaking day care groups. Groups available: Arabic, Chinese, Croatian, Filipino, Greek, Italian and Tamil speakers. Transport is provided to and from the centre, lunch, social activities, health promotion, monthly outings, carer information and support.

Copperfield Centre

Enquiries Ph: 9881 1636

Grounds of Mt Druitt Hospital, Luxford Road, Mt Druitt NSW 2770.

Day care centre for frail aged and people with a disability. Provides transport to and from the centre, hot lunch, social activities, health promotion, monthly outings, carer information and support. Groups available: English speaking and Pacific Communities group.

Tallowood Centre / Dementia Specific Day Care

Enquiries Ph: 9881 1524

Ground of Mt Druitt Hospital, Railway Street Mt Druitt NSW 2770.

This is a secure, dementia specific day care centre intended for all cultures. Transport, social activities and lunch are provided as well as carers information and support.

To make a referral ring Central Referral Service Ph: 1800 600 681 Fax: 9881 7789

Areas covered: Blacktown LGA

Carinya Aged Day Care /Centre Based Respite Service

Enquiries Ph: 9684 2179

8 River Rd Ermington NSW 2115

Multicultural day care centre providing both ethnic and English-speaking day care. Groups available: Arabic, Chinese, Greek, Italian, Maltese and English-speaking. Transport is provided to and from the centre, hot lunch, social activities, health promotion, carer information and education and outings.

Arabic Aged Day Care / Social Group Enquiries

Ph: 96845753

Arabic Carer Support Group Enquiries

Ph: 96845753

To make a referral ring Central Referral Service

Ph: 1800 600 681 Fax: 9881 7789

Rosewood Cottage Aged Day Care Centre

Enquiries Ph: 9633 5496

22 Fullagar Road, Wentworthville NSW 2145

Provides general English and Arabic groups. Day respites care service for frail aged with chronic medical conditions and /or early to moderate dementia. Transport is provided. Provides social and educational activities for Arabic speaking frail aged people.

Areas covered: Holroyd LGA

To make a referral ring Centralised Intake Service

Ph: 1800 600681 Fax: 9881 7789

The Hills Community Health Centre / Hills Aged Day Care

Enquiries Ph: 8853 4500

183-187 Excelsior Av, Castle Hill NSW 2154

Centre based aged day care for frail aged people and people with a disability. Multicultural and English speaking groups are available as well as specific groups for Chinese seniors.

Balcombe Heights Aged Day Care:

Enquiries Ph: 8852 6300

Building 17, Balcombe Heights Estate, 92 Seven Hills Rd, The Hills.

Centre-based aged day care for frail aged people and people with a disability. Groups for English, Italian and Tamil speakers. Transport is provided to and from the centre, hot lunch, social activities, health promotion and outings.

Areas covered: The Hills Shire LGA, Parramatta LGA

To make a referral ring Central Referral Service

Ph: 1800 600 681 Fax: 9881 7789

Anglicare Chesalon Services / 155A March Street, Richmond NSW 2753

Cumberland Day Centre / Dementia specific centre based respite

Ph: 9760 2767

St Paul's Anglican Church, 13 A Crown Street (Church Hall) Harris Park NSW 2150 or Fax: 9760 2304

The centre offers stimulating activities designed to maintain skills and independence. Bus transport and meals are provided. Open Monday to Friday 8:30am to 4pm. All mail to PO Box 892, Richmond NSW 2753

Areas covered: Auburn, Holroyd and Parramatta LGAs

Whalan Day Centre / Dementia specific centre based respite

Ph: 9625 7901

St James Anglican Church, 40 Halinda Street, Whalan NSW 2770.

The centre offers clients living with dementia fun, stimulating activities designed to maintain skills and independence. Bus transport and meals are provided. Open Monday to Saturday. All mail to PO Box 892, Richmond NSW 2753

Areas covered: Blacktown LGA

Eleebana Respite Cottage

Ph: 4560 3700

360 Windsor Street, Richmond NSW

Respite cottage providing 48 hours of respite care Friday to Sunday to those caring for someone who has [dementia](#), is [frail aged](#) or is an [ageing carer](#) (over 65 years old) [of a younger person with a disability](#).

Areas covered: Western Sydney – Co-ordination office

Anglican Retirement Villages / 593 Old Northern Road, Glenhaven, NSW 2156

[Nell Slade Respite Centre / Centre based respite](#)

Ph: [9659 2348](#)

Extended hours centre (7am-6pm) provides respite to working carers of frail older people including people with dementia.

Area covered: Hills Shire, Hornsby and Ku-ring-gai

Australian Chinese Community Association / 15 Hunter Street, Parramatta NSW 2150

[Chinese Dementia Respite Day Care](#)

Ph: [9687 8981](#)

Areas covered: Auburn, The Hills, Blacktown, Holroyd, and Parramatta LGAs

[Chinese Aged Day Care](#)

Ph: [9687 8981](#)

Areas covered: Auburn, Holroyd, and Parramatta LGAs

Australian Unity / Constitution Hill Aged Care, 1 Centenary Avenue, Northmead NSW 2152

[Wellbeing & Respite Day Care Centre](#)

Ph: [8839 7215](#) or [8839 7110](#)

This is a centre based aged day care / respite care for frail aged people, people with disability and carers.

It provides social activities/outings, meals, rehabilitation, physical strength workouts, self-development and mental stimulation activities. Transport is provided only to clients who live in 7km radius from the centre).

Areas covered: Cumberland/Prospect (Auburn, The Hills, Blacktown, Holroyd, Parramatta LGAs)

BaptistCare/8 Free Settlers Drive, Kellyville NSW 2155

[Social Club at The Gracewood](#)

Ph: [1800 275 227](#)

Email: Customerengagement@baptistcare.org.au

This is a centre based aged day centre for frail aged people and people with dementia - transport, person centre social activities, music therapy, dance therapy, outings, lunch and morning tea are provided. Operates Monday to Saturday 9.30 - 3.30. Long day care can also be arranged if required.

Areas covered: Auburn, Blacktown, Holroyd, Parramatta and the Hills LGA's.

[Willmette Cottage, 9 Garigal Rd Kellyville NSW 2155](#) Ph: [1800 275 227](#)

Email: Customerengagement@baptistcare.org.au

Provides planned day and overnight respite or emergency respite, operates 7 days a week. Short evening respite also available. For frail aged and people with dementia.

Areas covered: Auburn, Blacktown, Holroyd, Parramatta and the Hills LGA's

Gilgai Aboriginal Day Care Centre
2 Bindaree St, Hebersham NSW 2770
Areas covered: Blacktown and Penrith LGAs

Ph: 9832 3825
Fax: 9832 8826

Greek Centre Based Frail Aged Day Care 7 Station Street, West Harris Park 2150 Ph: 9687 8955

The program includes transport to and from the Centre, hot lunch, activities, health promotion and education, and outings.

The Blacktown group meets on Monday and covers Blacktown LGA

The Harris Park group meets on Tuesday and covers the Parramatta, Holroyd and Auburn LGAs.

Multicultural Centre Based Respite/Aged Day Care

Ph: 9687 8955

The program includes transport to and from the Centre, hot lunch, activities, health promotion and education, and outings. The client needs to have a working carer. This group meets on Thursday at Harris Park.

Multicultural Dementia Centre Based Respite/Aged Day Care

Ph: 9687 8955

The program includes transport to and from the Centre, hot lunch, activities, carer information and outings. This group meets on Wednesday at Harris Park.

Areas covered: Auburn, Blacktown, Holroyd and Parramatta LGAs

Hills Shire Council - Hills Community Care / Balcombe Heights Estate, Building 15, 92 Seven Hills Road, The Hills 2153

Ph: 9761 5707

Social Day Programs

The program is for older persons who are at risk of social isolation, provides transport, morning and afternoon tea, planned activities, practical assistance as need.

Areas covered: The Hills, Auburn, Blacktown, Parramatta and Holroyd LGA's (*Transport for The Hills Shire residents only*)

CALD Social Day Programs

The program is for **Maltese, Filipino, Korean and Chinese-speaking clients**

Areas covered: The Hills, Auburn, Blacktown, Parramatta and Holroyd LGA's (*Transport for The Hills Shire residents only*)

Cumberland Council

Social Inclusion Team

Ph: 9632 2765

Our social inclusion services can help you maintain an active social life by having someone visit you in your home, or by arranging visits and outings in the community. Social inclusion support activities can help you find a place where you feel supported, valued and encouraged.

Wellness Activities – includes morning tea, a hot lunch & dessert. Transport is available. Activities from 10.00am – 2.00pm unless listed otherwise.

Locations are Guildford, Granville and Wentworthville and activities include indoor sports, games, singing, craft and gentle exercises such as Tai Chair, Zumba Gold, Move It or Lose It and Chair Aerobics.

Special programs include:

Armchair travel – visit places from around the world without leaving your chair. **Birthday Celebrations** with cake, guest speakers, bingo, prizes and special entertainment. **Walk & Talk** is an activity where customers go for a walk around the surrounding area and discuss local history, wildlife and more.

CALD Wellness Activities

Spanish Group – 10am to 2pm every Monday at the Guildford Community Centre (North Hall).

Maltese Group (Weekly) – 9am to 1:30pm every Tuesday at Guildford Community Centre (South Hall).

Community Inclusion Days are held at Guildford Community Centre, 90 O'Neill St, Guildford and are a celebration of different events throughout the year. The Centre is transformed in keeping with the celebration and the day includes morning tea, a hot lunch, dessert, entertainment & activities based around the special event. Transport is available. Activities from 10.00am – 2.00pm unless listed otherwise. These programs are open to nursing homes and retirement villages in the Cumberland area.

Dine In Films - at Guildford Community Centre. Watch a film on the big screen. A delicious morning tea, hot lunch & dessert will be provided. Suggestions for old time favourite films welcome. Transport is available. Activities from 10.00am – 2.00pm unless listed otherwise.

Friday Feasts – You will be picked up from home with an empty stomach & be dropped home feeling happy. This lunch group visits different clubs, RSL's & restaurants in the Cumberland area once a month for a delicious lunch.

Silver Surfers – Every Friday between 10am -12pm there is a volunteer available at Guildford Community Centre, 90 O'Neill St, Guildford to assist and teach anyone who is interested in learning how to use the internet. Learn how to stay in touch with loved ones near & far! Bookings required.

Social Outings – hop on board accessible transport & be taken on a day trip to places near and far! Come along with friends & make lots of new ones along the way. Suggestions for outing locations always welcome. Transport provided to and from your home. Bookings open one month prior.

Social Outings (Pick-up points only) – Transport provided to and from the following points Allan G Ezzy Community Centre Pemulwuy, Granville Pool, Berala Community Centre, Regents Park Library, Wentworthville Community Centre and Cumberland Council Chambers Merrylands.

Male Only Meets – Join other like-minded gents for outings to various places of interest. Transport is provided. Suggestions are welcome.

Yarn Ups – This is a casual get together for Aboriginal & Torres Strait Islander people. It is held at Lane Street Cottage, 42 Lane St, Wentworthville or at chosen location in the community. Transport and lunch is provided. Activities from 10.30am – 1.30pm unless listed otherwise.

Areas covered: Cumberland LGA

UnitingCare Ageing Sydney West Community Care – Suite 301, Level 3, 83 Flushcombe Road,
Blacktown NSW 2148 Ph: 1800 486 484

[Healthy Living for Seniors Program](#) – Multicultural, Tamil, Turkish, Sri Om, Korean
Multicultural Group, Turkish Group, Tamil Group – Auburn Community Centre, 44A Macquarie Road,
Auburn

Korean Group – Wentworthville Uniting Church, 115 Station St, Wentworthville

Sri Om Group – Grantham Heights Uniting Church, Cnr Nipigon Rd & Winnipeg St, Seven Hills

For further information please contact Sydney West Community Care

Areas Covered: Blacktown, Auburn, The Hills, Holroyd and Parramatta LGA's

Blacktown Meals on Wheels / Gribble Pl, Blacktown NSW 2148
And

Ph: 9622 6183

17 The Avenue, Mt. Druitt NSW 2770

Ph: 9625 8702

[Centre-based Meals and Activities](#) Clients enjoy social day with morning tea, three course lunch and activities. [Filipino](#), [Chinese](#) and [Maltese](#) Days each month, vision-impaired group meets at Mt. Druitt.

Areas covered: Blacktown LGA

CARER SUPPORT SERVICES

See also other sections of this directory

Anglicare Mt Druitt Community Care/91a Kurrajong Ave, Mt Druitt NSW 2770 / PO Box 217 Rooty Hill NSW 2766

[Counselling, Support, Information & Advocacy Service](#)

Ph: 8805 0959

[Dementia specific Counselling, Support, Information & Advocacy Service](#)

These services provide assistance in understanding and managing situations, behaviours and relationships associated with the person's need for care and/or the caring role. It also offers information, advice and advocacy services.

Areas covered: Blacktown, The Hills, Auburn, Holroyd and Parramatta LGAs

Anglicare - Nepean Community Care Service /91 Kurrajong Ave, Mt Druitt NSW 2770 / PO Box 217 Rooty Hill NSW 2766

[Case Management for Ageing Parents/Carers of People with Disability/Support Co-ordination Program for Older Parent Carers](#)

Ph: 8805 0998

This program is to assist older parents of an adult son or daughter with a disability, to maintain their caring role for as long as possible. Services provided: case management, linking families into flexible respite, assist with planning for the future, support families to build and strengthen social networks, developing informal networks and peer support.

Areas covered: Auburn, Blacktown, The Hills, Holroyd and Parramatta LGAs

Anglicare – Mt. Druitt Community Care Service/ 91a Kurrajong Ave, Mt Druitt NSW 2770 / PO Box 217 Rooty Hill NSW 2766

Ph: 4731 8399

[Respite Options](#)

A flexible package of respite care provided for people with a disability living with a carer.

Areas covered: Auburn, Blacktown, The Hills, Holroyd and Parramatta LGAs and Nepean

BaptistCare/ 8 Free Settlers Drive, Kellyville NSW 2155

Ph: 1800 275 227

Referrals: customerengagement@baptistcare.org.au

Flexible Respite

In-Home, centre based (day) and overnight

Areas covered: Auburn, Blacktown, Holroyd, Parramatta and the Hills LGA's.

Social Club at The Gracewood 8 Free Settlers Drive Kellyville NSW 2155

Provides centre based day respite for cares of people who are frail aged people and people with dementia or disability-, person centre social activities, outings, lunch and morning tea are provided.

Operates Monday to Saturday 9.30 - 3.30. Long day care can also be arranged if required.

Areas covered: Auburn, Blacktown, Holroyd, Parramatta and the Hills LGA's.

Willmette Cottage, 9 Garigal Rd Kellyville NSW 21565

Provides planned day and overnight respite or emergency respite for carers of people who are frail aged, have dementia or disability, operates 7 days a week. Saturday and Sunday day respite also available.

Areas covered: Auburn, Blacktown, Holroyd, Parramatta and the Hills LGA's.

[Carers Corner - Monthly Carers Meetings](#) including education, information socialisation and networking 8 Free Settlers Drive Kellyville NSW 2155

Cumberland Prospect Commonwealth Respite and Carelink Centre / BaptistCare, Unit 3, 9-11 Rowley Street, Seven Hills NSW 2147 Ph: 1800 051 222/9838 0299

[Ageing Carers of People with Disabilities Program](#)

Provides: respite, information, support, case management, referral, assistance with planning for the future.

Areas covered: Auburn, Blacktown, Holroyd, Parramatta and the Hills LGA's.

Diverse Community Care / Suite 209-211, Level 2, 14 Lexington Drive Bella Vista NSW 2153

Ph: 9898 0000

[Case management, Community Options Program \(COPs\)](#)

Program is able to provide short-term case management to carers to support them in their caring role of a person with a permanent or profound disability with complex care needs. Its offers information, advocacy, advice, facilitation and assist carers to navigate the service system.

Areas Covered: Auburn, Bankstown, Blacktown, Holroyd, Hunters Hill, Parramatta, Ryde, The Hills LGAs

The Hills Shire Council - Hills Community Care / Balcombe Heights Estate, Building 15, 92 Seven Hills Road, The Hills NSW 2153

[Working Carers Liaison Program](#)

Ph: 9761 7607

Provides information, education, advocacy and short term case management

[In-Home Respite Program](#)

Ph: 9761 7607

[Mental Health Respite Program](#)

Ph: 9761 5724

Areas covered: Auburn, Blacktown, The Hills, Holroyd and Parramatta LGAs

Interaction Disability Services/ B2/11 Hudson Avenue, Castle Hill NSW 2154

Ph: 1300 668 123

[Ageing Parent Carers Respite Program](#)

[Children and Adults Flexible Respite Program](#)

INTERACTION Flexible Respite Service provides non-paid primary carers living with and looking after someone who has a diagnosed disability with planned and regular breaks from their caring role. The service provides one-on-one support to the person with a disability in a range of settings, including in-home and community-access/out-of-home respite support.

Areas covered: Auburn, The Hills, Blacktown, Holroyd, Parramatta LGAs

Our Lady of Consolation Home/ 32 Evans Rd, Rooty Hill NSW 2766

[Respite & Wellness program for older people and their carers](#) Ph: 9832 5470

The centre provides centre based respite program for clients and programs for carers that include variety of leisure, lifestyle and education, information and health promotion activities.

Areas covered: Auburn, Blacktown, The Hills, Holroyd and Parramatta LGAs

[The Carer Connection - Carer Support Group](#) Ph: 9832 5417

Provides social groups, home visits, social outings, information, education and assistance with referrals)

Areas covered: Blacktown LGA and Nepean LGA

Northcott Disability Services /1 Fennell Street, North Parramatta NSW 2151

[Respite for Older Parent Carers Cumberland Prospect](#) Ph: 9890 0512

The service addresses the specialised needs of individual carers and their child with high support needs due to a profound or severe disability. Services available are flexible and may include: centre based respite, in-home respite, community access, emergency support, camps, holidays, respite.

Areas covered: Auburn, The Hills, Blacktown, Holroyd and Parramatta LGAs

WSLHD / Merrylands Community Health Centre, 14 Memorial Avenue, Merrylands NSW 2160

[Arabic Carer Support Group](#) Ph: 9682 3133

Provides social and educational activities for Arabic speaking frail aged people.

Areas covered: Holroyd LGA

City of Parramatta Council / 126 Church Street, Parramatta NSW 2150

[Carer Support Program](#) Ph: 9806 5121

Providing information, support, advocacy, short-term counselling, referral, free seminars and support groups for those who care for an older person or a person of any age with a disability.

Areas covered: Parramatta LGA

Polish Australian Welfare Association / 182 Liverpool Rd, Ashfield NSW 2131

Ph: 9716 0036

[Polish Carer Support Group](#) (education, information & social activities)

NSW Transcultural Mental Health Centre / Cumberland Hospital, North Parramatta

Ph: **8838 2120**

Support Groups for Non-English Speaking Backgrounds Carers

Groups for carers who look after a family member or friend with a mental health problem including depression, bipolar disorder, schizophrenia, and all forms of dementia. Provides support in appropriate language, information and education on Mental Health opportunities to network and advocacy. Language groups available: [Arabic](#), [Chinese](#), [Farsi/Persian](#), [Greek](#), [Hindi](#), [Khmer](#), [Korean](#), [Macedonian](#), [Spanish](#), [Tagalog/Filipino](#), [Turkish](#), and [Vietnamese](#).

SOCIAL SUPPORT / NEIGHBOUR AID SERVICES

Auburn Diversity Services Inc. 17 Macquarie Road, Auburn NSW 2144

Social Support Services

Ph: **9648 2008, 8737 5500**, senior@adsi.org.au

For people from Culturally & Linguistically Diverse Backgrounds (Afghan, Turkish, Bosnian, Vietnamese and Chinese. Refugee communities/multicultural groups)

The service will support groups and social activities, provide home visits and relevant information sessions.

Areas covered: Auburn, Holroyd and Parramatta LGAs

Anglicare Social Support Cumberland/Prospect / Mt Druitt / 91a Kurrajong Ave, Mt Druitt NSW 2770 / PO Box 217 Rooty Hill NSW 2766 Ph: **8805 0959**

Social Support Services for people from CALD backgrounds

Social Support provides friendly visiting, assists with letter writing, shopping, bill paying and banking, accompanying to medical appointments, attending social group activities, helps with minor garden and home maintenance and with individual transport to an appointment.

Areas covered: Auburn, The Hills, Blacktown, Holroyd and Parramatta LGAs

BaptistCare Western Sydney/Nepean t / *8 Free Settlers Drive, Kellyville 2155*

Ph: **1800 275 227**

Email: [Customerengagement @baptistcare.org.au](mailto:Customerengagement@baptistcare.org.au)

Social Support

Respite Care - In-Home

Social Club at The Gracewood 8 Free Settlers Drive Kellyville NSW 2155

Provides centre based day respite for cares of people who are frail aged people and people with dementia or disability-, person centre social activities, outings, lunch and morning tea are provided. Operates Monday to Saturday 9.30 - 3.30. Long day care can also be arranged if required.

Willmette Cottage, 9 Garigal Rd Kellyville NSW 2155 :

Provides planned day and overnight respite or emergency respite for carers of people who are frail aged, have dementia or disability, operates 7 days a week. Saturday and Sunday day respite also available.

Carers Corner - Monthly Carers Meetings including education, information socialisation and networking - 8 Free Settlers Drive Kellyville NSW 2155

Social Support Individual - In home, community access and Group: outings, lunches and craft

Staff and volunteers provide home visiting/companionship, practical assistance with writing letters, paying bills, advocacy and occasional transport. A monthly group outing calendar and craft, movie and shopping groups. Activities and outings that cater for small interest groups and also larger group outings where transport is provided to encourage community access and socialisation. Men only group activities can be organized relevant to group's needs

Areas covered: Auburn, Blacktown, Holroyd, Parramatta and the Hills LGA's.

BaptistCare Wisemans Ferry / 8 Free Settlers Drive, Kellyville 2155

Ph: 1800 275 227

Email: Customerengagement @baptistcare.org.au

Social Support

Assisting clients with shopping and medical appointments.

Respite

Areas covered: The Hills Shire specifically for residents of Wisemans ferry and surrounding areas as well as parts of Gosford, Hawkesbury and Hornsby LGAs.

Care Connect / Suite 211, Level 2, T1 Building, 14 Lexington Drive, Bella Vista

Ph: 9830 8900

Social Support with Case Management

This service is for Aboriginal and Torres Strait Islander Australians who are over 45 and would benefit from social activities, shopping, help with banking, transport, friendly visiting and case management.

Social Support / Dementia Monitoring – general/priority CALD

This program aims to meet the social needs of frail aged or disable clients who have dementia or other memory problems. Activities may include: monitoring medication, assistance with personal care in preparation for a social event, transport to appointments and social activities and assistance if needed, shopping and banking, assistance with meal and other minor domestic tasks, one on one visiting, pet walking.

Areas covered: Auburn, The Hills, Blacktown, Holroyd, Parramatta LGAs

CatholicCare Social Services Diocese of Parramatta – 38 Prince St, Blacktown NSW 2148 PO Box 359 Blacktown

Blacktown Neighbour Aid Service

Ph: 8822 2222

Staff and volunteers provide services of social support: home visiting / companionship, practical assistance with writing letters, paying bills, advocacy, phone monitoring / chatting, filling out forms. Medical appointments, social outings and events.

Areas covered: Blacktown LGA

Dial Us Inc. / Neighbour Aid /Suite 7, 88 Rooty Hill Road, Rooty Hill NSW 2766

Mt Druitt Neighbour Aid

Ph: 9832 4585 Coordinator 0418 237 059

Volunteers provide home visiting/companion, escorted shopping trips, medical appointment and social and recreational support.

Areas covered: Mt Druitt, Rooty Hill, Oakhurst, Glendenning, Willmott, Minchinbury, Hassall Grove, Plumpton, Shalvey Dean Park and Lethbridge Park

Diverse Community Care/Suite 209-211, Level 2, 14 Lexington Drive, Bella Vista NSW 2153

[CALD Social Support Program](#)

Ph: 9898 0000

Provides weekly or fortnightly social support in-home which may also include activities such as escorting to medical appointments, shopping and meal preparation for persons living in the community who are socially isolated, aged 18-65 and from a CALD background.

Areas covered: The Hills LGA only

Cumberland Council Peer support program

Ph: 9840 9913

Offers a variety of community-based recreation and leisure activities to adults (18 to 65 years) with an intellectual disability. Activities are organised on a group basis throughout the week on weekend nights and weekends so to provide respite opportunities for parents and carers. Reliable and affordable transport is available to and from programmed events. The service encourages users to participate in all areas of the program so that Peer Support can continue to meet the needs of people with an intellectual disability, including their families and carers.

Activities include:

Indoor cricket

Lawn bowls

Movies

Horse riding

Swimming

Dining out

Concerts

Cruises

Service users are encouraged to participate in all areas of the program via planning meetings, evaluation surveys, consultation surveys, and representation on Council's Aged and Disability Services Advisory Committee. This input ensures Peer Support continues to meet the support needs of people with an intellectual disability and their families and carers.

Areas covered: Cumberland LGA

Karabi Community & Development Services / Karabi Neighbourhood Cottage 29 Aleta Way Seven Hills NSW 2147. P.O Box 181 Pendle Hill NSW 2145

[Karabi Social Support](#)

Ph: 9688 1084

Assistance with shopping and errands, emotional and social support for clients in their own home / regular visits by volunteers, transport to medical and other appointments, help with banking, making appointments, reading newspapers and writing letters. Activities and programs for seniors are also provided.

Areas covered: Blacktown LGA

Karabi Community & Development Services / Corner of Fyall Avenue and Darcy Road,
Wentworthville NSW 2145 P.O Box 181 Pendle Hill NSW 2145

Karabi Social Support

Ph: 9631 6575

Assistance with shopping and errands, emotional and social support for clients in their own home / regular visits by volunteers, transport to medical and other appointments, help with banking, making appointments, reading newspapers and writing letters. Activities and programs for seniors are also provided.

Areas covered: Parramatta LGA

City of Parramatta Council /Council Chambers Building, Parramatta NSW 2150

Neighbour Aid Visiting Services

Ph: 9806 5121

Provides social support to assist in meeting a person's need for social contact and connecting them to activities in the community. The support is provided to them as an individual and helps them to participate in society and have a good life.

Parramatta Peer Support

Ph: 9806 5121

Provides recreational and social activities to people with disability

Areas covered: Parramatta LGAs

RDNS Homecare Ltd/ 20A Lexington Drive, Bella Vista Ph: 1300 665 444

Social Support

Areas covered: All of Sydney and surrounding suburbs

Riverstone Neighbourhood Centre and Community Aid Service / Sam Lane Community Complex,
Park St, Riverstone NSW 2765

Riverstone Neighbour Aid /Social Support

Ph: 9627 3219

Provides social support that includes assistance with shopping and medical appointment, volunteers also visit people in their homes.)

Areas covered: Blacktown LGAs

Men's Shed Social Support Program

Ph: 9627 3219

Areas covered: Auburn, Holroyd, Parramatta, The Hills and Blacktown

SydWest Multicultural Services Inc / Ground Level, Suite 2, 125 Main Street Blacktown NSW 2148

Commonwealth Home Support Social Support CALD Specific

Ph: 9621 6633 Fax: 9831 5625 Em: enquiries@sydwestms.org.au

The program aims to reduce social isolation and promote increased community participation by engaging clients with CALD specific or mainstream social activities. The support is provided through a range of activities including group meetings and social outings.

Workers who speak Anyuak, Arabic, Bosnian, Cantonese, Croatian, Dutch, English, Farsi, Filipino, French, Hindi, Italian, Korean, Krio, Kurdish, Macedonian, Madie, Malay, Maltese, Mandarin, Persian, Polish, Punjabi, Russian, Serbian, Spanish, Tagalog, Tamil, Turkish and Ukrainian.

Areas covered: Blacktown, Cumberland, Parramatta and The Hills LGAs

FOOD SERVICES

Auburn Meals on Wheels / 6 Euston Road, Auburn NSW 2144

Ph: 9897 3832

Food Services

Fresh and frozen meals delivered to clients' homes

Centre Based Meals

Clients receive morning and afternoon tea, three course lunch and activities. Centre Based Meals run [English, Arabic and Chinese](#) speaking groups.

Areas covered: Auburn LGA

Blacktown Meals on Wheels / *Gribble Pl, Blacktown NSW 2148*

Ph: 9622 6183

And

17 The Avenue, Mt.Druitt NSW 2770

Ph: 9625 8702

[Fresh and frozen meals delivered daily to clients' homes](#) Large variety of nutritionally balanced meals, catering to all dietary needs, delivered by volunteers Monday to Friday.

[Social Days and Activities](#) Clients enjoy social day with morning tea, three course lunch and activities.

[Filipino, Chinese](#) and [Maltese](#) Days each month, vision-impaired group meets at Mt. Druitt.

Areas covered: Blacktown LGA

The Hills Shire Council - Hills Community Care / 3 Columbia Court, The Hills 2153

Ph: 9761 7602

[Food Services](#) (Provides chilled or frozen meals delivered to clients' homes).

Areas covered: Blacktown, The Hills, Auburn, Holroyd and Parramatta LGAs

Cumberland Council

Ph: 9688 4751

Meals are either home-delivered as part of our [Meals on Wheels service](#) or used to support our programs for seniors and people with a disability, such as the Happy Club and Maltese Seniors Group. Meals can be delivered freshly cooked and frozen meals are also provided. Culturally appropriate meals are provided as part of centre based meal programs delivered in partnership with community organisations to Maltese, Spanish, Filipino, Arabic, Greek and Tamil speaking communities.

Areas covered: Cumberland LGA

City of Parramatta Council Food Services / 3/10 Hunter Street, Parramatta NSW 2150

[Meals on Wheels](#) (Provides chilled or frozen meals delivered to clients' homes)

[Social Support](#) (Volunteers have lunch with customers living with dementia and receive meals from the service) Ph: 9806 5005

[Let's Dine Out](#) - A new venture where you can dine out at participating restaurants and receive a meal to the value of \$15 for the price of a standard home delivered meal. Ph: 9806 5005

Areas covered: Parramatta LGA

TRANSPORT SERVICES

Community Transport service provides door-to-door transport for medical appointments, shopping, social activities and outings.

BaptistCare Auburn / 8 Free Settlers Drive Kellyville NSW 2155

Auburn Community Transport

Ph: 1800 275 227

Email: [Customerengagement @baptistcare.org.au](mailto:Customerengagement@baptistcare.org.au)

Areas covered: Auburn LGA

BaptistCare Wisemans Ferry /8 Free Settlers Drive Kellyville NSW 2155 Ph: 1800 275 227

Email: [Customerengagement @baptistcare.org.au](mailto:Customerengagement@baptistcare.org.au)

Areas covered: The Hills Shire specifically for residents of Wisemans ferry and surrounding areas as well as parts of Gosford, Hawkesbury and Hornsby LGAs.

[Blacktown Community Transport](#)

Ph: 9621 5518

Unit 1 and Unit 4, Building F, 22 Powers Road Seven Hills NSW 2147

Areas covered: Blacktown LGA

Community Wheels / Unit 3E / 6 Boundary Road/ NORTHMEAD NSW 2152

[Community Transport Service](#)

Ph: 8868 1400

Areas covered: Parramatta and Holroyd LGAs

The Hills Shire Council - Hills Community Care / Balcombe Heights Estate, Building 15, 92 Seven Hills Road, The Hills NSW 2153

[Community Transport](#)

Ph: 9761 7604

Areas covered: The Hills LGA

Parramatta Community Service and Information Centre Inc / Level 1, Council Chambers Building, 2 Civic Pl, Parramatta NSW 2150

Ph: 9635 3139

[Transport services for the frail aged for health-related appointments](#)

A Community bus can be hired by non-profit community groups.

Areas covered: Parramatta LGA
